

Anniversary Bulletin – 2006





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EDITORIAL NOTE

This anniversary bulletin is dedicated to the many efforts of all those who enabled the respiratory physicians to celebrate, in the year 2006, the 20th anniversary of the Hong Kong Thoracic Society and the 10th anniversary of the Hong Kong Lung Foundation.

In this bulletin, the development and major milestones of the Hong Kong Thoracic Society and the Hong Kong Lung Foundation are documented for your perusal.

The editorial board would like to thank the members of the Hong Kong Thoracic Society, the Hong Kong Lung Foundation, as well as those from other professional bodies like the American College of Chest Physicians (Hong Kong and Macau Chapter) and the Hong Kong Tuberculosis, Chest and Heart Diseases Association, who have contributed the precious historic photos and important information to make the publication of this Anniversary Bulletin possible. In addition, congratulatory messages from various societies, organizations and experts in the field of respiratory medicine are deeply appreciated.





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Dr Tse Yuen Man Memorial Scholarship 2005





11 July 2006

Greetings from Ireland.

I am indeed honoured to be asked to write you a message on the occasion of the 20th Anniversary of the Hong Kong Thoracic Society and the 10th Anniversary of the Hong Kong Lung Foundation.

Very few other Thoracic Societies can boast of the experience in medicine that the Hong Kong Thoracic Society has enjoyed over the past two decades.

Beginning with Tuberculosis in all its complexities, chest physicians find themselves equipped with vast diagnostic experience and skills which enable them to cope with infections, malignancy, immunological problems, tropical diseases and SARS, just to mention a few.

Today, because of the advances in all fields of medicine, we can no longer be isolated in practice... we need each other. Hence the importance of the Hong Kong Thoracic Society in helping to keep doctors abreast with all aspects of chest diseases.

I wish the Hong Kong Thoracic Society great success in its effort to cope with the rapid advances in medicine today.

May God bless you all,

Sister M. Gabriel O'Mahony

Ar. M. Gabriel Omahony.

The late Sister Mary Gabriel, MBE, FRCP, was a senior physician at the Ruttonjee Sanatorium from 1950 to 1988, and, together with Sister Mary Aquinas (Medical Superintendent at the Ruttonjee Sanatorium from 1950 to 1985), contributed tremendously to the control, medical care and research of tuberculosis in Hong Kong in those difficult years. From 1988 onwards, Sister Gabriel dedicated herself to the Society for the Promotion of Hospice Care as well as the Bradbury Hospice which was opened in 1992.

In recognition of her significant contribution to chest medicine and the Society since its establishment, Sister Gabriel was conferred the first Life Honorary Membership of HKTS at the 5th Council Meeting (1990 to 1991) on 29 November 1990.

(Note: Sister Gabriel passed away peacefully at St. Vincent's Hospital in Dublin, Ireland on 25 August 2006. Her unparalleled contribution to respiratory service in Hong Kong will always be remembered.)

For the past twenty years and ten years of service to the patients and the community-at-large, the Hong Kong Thoracic Society and the Hong Kong Lung Foundation have proven themselves to be a caring, responsible and professional organizations which gained their high esteem by their own contributions to the public.



I treasure very much towards the long lasting support and assistance given to the Hong Kong Asthma Society.

My sincere and heartfelt wish their continuous success in the days to come as I expect the same level of assistance and support to the Hong Kong Asthma Society.

Mr Alan Chan

Chairman

The Hong Kong Asthma Society

廿載建立廿載情 照顧病患盡已責 關懷社群顯情操 提攜病友表專業

香港哮喘會主席 陳麟書 敬題

CONGRATULATORY MESSAGES



I am delighted to have this opportunity to offer the sincere congratulations of the Hong Kong Tuberculosis, Chest and Heart Diseases Association to the Hong Kong Thoracic Society on the occasion of its 20th Anniversary and to the Hong Kong Lung Foundation on its 10th Anniversary.

Both associations play an integral role in Hong Kong's total health care system and the TB Association has cooperated closely with them on various projects over the past two decades. We would continue to support and encourage any efforts to improve and promote the treatment of all chest and heart diseases and I look forward to our concerted endeavour to improve the health of our Hong Kong community.

Mr Yuk-ling Pang

Chairman

Board of Directors

The Hong Kong Tuberculosis, Chest and Heart Diseases Association

On behalf of the Federation of Medical Societies of Hong Kong, I would like to congratulate the Hong Kong Thoracic Society and the Hong Kong Lung Foundation on their 20th and 10th anniversaries respectively.

Growing up in Hong Kong, I know very well that thoracic diseases have been a very important topic all along. Tuberculosis in the early years after the war was really the focus of the medical community in improving the health standard of the region. Thanks to the hard work of our colleagues specializing in thoracic diseases, this was a war well fought and won. But as we move on, other issues like allergy and diseases related to poor air quality appear that deserve the attention of experts in this field to continue to strive for better health of the community.

We are glad that the Hong Kong Thoracic Society is serving to promote awareness, correlate efforts of various organizations and parties and encourage research in every aspect of thoracic diseases. From the list of activities through the years, the Society has indeed done an excellent work. All of us are indeed appreciative.

May I wish the Hong Kong Thoracic Society and the Hong Kong Lung Foundation all the best at this special occasion and we are sure both organizations would have many more future years of successes from which the community will only be benefited.

Yours sincerely,

Dr Dawson Fong

President

The Federation of Medical Societies of Hong Kong



CONGRATULATORY MESSAGES



It is my honour and great pleasure to be able to join you in the celebration of the 20th Anniversary of the Hong Kong Thoracic Society together with the Hong Kong Lung Foundation's 10th Anniversary this year. I would like to take this opportunity to send our heartfelt congratulations to your rapidly growing society on behalf of the APSR. It is such a concurrence to acknowledge the 20th Anniversary of the APSR since its first launch in 1986 in Tokyo. I understand that HKTS started with 70 members and has increased continuously to more than 500 memberships for the last 20 years. This remarkable achievement was possible through excellent leaderships and close collaboration of HKTS and ACCP (American College of Chest Physicians [Hong Kong and Macau Chapter] founded in the 1950s. The APSR was also fortunate to share similar growth in membership from mere 400 to nearly 12,000 in 20 years including en-block memberships of the JRS, TSANZ and TSPCCM. The APSR owes much to HKTS, in particular to the outstanding leadership demonstrated by Professor Wah-kit Lam during his presidency in year 2002 to 2004. He was also a very successful congress president of the 9th Congress of the APSR held in 2004 in Hong Kong. The congress was well attended by 1,400 participants with nearly 400 abstracts presented. HKTS was so generous to donate twice as much as promised donation to the APSR. HKTS was also highly praised for its excellence in respiratory science which was fully exemplified in the most efficient control strategies against such frightening outbreak of SARS epidemics. The APSR is very proud of having such a prestigious society among our membership countries.

I would like to represent all colleagues in respirology in this part of the world, wish HKTS a more active and prosperous start in its third decade and beyond.

Professor Yoshinosuke Fukuchi

Lupuhi

President

Asian Pacific Society of Respirology

As the President of Chinese Medical Association and the President of Chinese Society of Respirology, I would like to express my warmest congratulations for the 20th Anniversary of the Hong Kong Thoracic Society as well as the 10th Anniversary of the Hong Kong Lung Foundation. What impresses me greatly is, owing to your great efforts and contribution, the prevention and management of respiratory diseases have made a great progress in the last decade, in particular with prevalence and risk factors of asthma and lung cancer, mechanism of sleep and respiratory disorders and bronchiectasis, management of acute respiratory infection (SARS, avian flu) and tuberculosis, etc. There has been a closer and more effective collaboration of clinicians and scientists between Hong Kong and mainland China. We have been able to share our experiences in terms of management of pulmonary tuberculosis, SARS and avian flu. I have no doubt that this collaboration will get even closer and wider, as we are going to face more similar respiratory diseases, such as avian flu, drug resistant tuberculosis and HIV.



In the mean time, may I express my congratulation for the "Dr William Chen – Young Investigator Session" to be held at the Autumn Respiratory Seminar 2006. William is my old friend, who has made enormous contribution to organization and administration of the 20th HKTS and the 10th HKLF anniversaries. I was impressed by his enthusiasm, humour as well as his high motivation towards the work. May I wish William getting healthier over time.

Finally, I have no doubt the Joint 20th HKTS and 10th HKLF anniversaries will be of great success.

Professor Nan-shan Zhong

President

Chinese Society of Respirology

CONGRATULATORY MESSAGES



In 1994, I personally met Hong Kong respiratory physicians for the first time during the 13th APCDC in Hong Kong. It was a refreshing occasion, superbly organized conference, high quality presentations and enthusiastic audiences. Also I happened to unwittingly witness the birth of the Hong Kong Lung Foundation.

Since then, I was lucky enough to be part of the Hong Kong Thoracic Society meetings in several occasions including annual meeting, symposium and the 9th Congress of the APSR. In all these occasions, I was deeply impressed by the enthusiastic participants, very friendly atmosphere rather than frigid scientific setting, and dedicated staff of HKTS to improve the quality of respiratory medicine in Hong Kong.

Also, I was deeply impressed by the friendly relationships between HKTS, ACCP (Hong Kong and Macau Chapter) and HKLF. This is not an easy task to maintain such a close relationship between several organizations.

This close relationship between HKTS and HKLF made possible for Hong Kong respiratory physicians to be the pioneers in the basic and clinical research of avian influenza and SARS epidemics in recent years. This was possible only by the combination of devoted HKTS members and unlimited support of the HKLF.

Now, HKTS and HKLF are the guiding post of respiratory medicine in Asian Pacific region.

On behalf of the Korean Academy of Tuberculosis and Respiratory Diseases, I congratulate the 20th anniversary of HKTS and the 10th anniversary of HKLF from the bottom of my heart and personally, it is my great honour to be part of this festive procession.

Professor Young-soo Shim

President

Korean Academy of Tuberculosis and Respiratory Diseases

It is indeed an honour and a privilege for me to be invited to participate in this year's Autumn Respiratory Seminar co-organized by the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter). Please allow me to convey my personal congratulations and felicitous greetings as well as that from the council and members of the Malaysian Thoracic Society on the occasion of the 20th Anniversary of the Hong Kong Thoracic Society and the 10th Anniversary of the Hong Kong Lung Foundation. This is indeed a joyous occasion and we extend our best wishes for a happy anniversary.



Professor Chong-kin Liam

Lian Chore Kin.

President

Malaysian Thoracic Society

On behalf of the Singapore Thoracic Society and the Singapore General Hospital, may I congratulate the Hong Kong Thoracic Society for its 20th Anniversary and the Hong Kong Lung Foundation for its 10th Anniversary. May we continue to partner each other as we continue to work towards better lung health for the people in Asia.



Professor Philip Eng

President

Singapore Thoracic Society

CONGRATULATORY MESSAGES



We wish to congratulate the Hong Kong Thoracic Society and the Hong Kong Lung Foundation on your outstanding and respectable achievements on this occasion of the 20th Anniversary of the Hong Kong Thoracic Society and 10th Anniversary of the Hong Kong Lung Foundation.

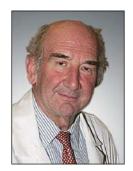
Members of the Hong Kong Thoracic Society and the Hong Kong Lung Foundation have made significant impact in public health and achieved international scientific excellence in identifying the SARS Corona virus and its mechanism of transmission, developing the screening methods, establishing prevention measures as well as implementing strategies of treatment and control during the SARS pandemics. Your great efforts in promoting international scientific collaborations have contributed to major advancement of chest medicine in the Asia Pacific area.

Pan-chyr Jang

Professor Pan-chyr Yang

President

Taiwan Society of Pulmonary and Critical Care Medicine



Many congratulations to the Hong Kong Thoracic Society on its 20th anniversary and the Hong Kong Lung Foundation on its 10th anniversary. I well remember being involved as an International Advisor when HKTS was being set up and I am delighted it has done so well over the last 20 years. My best wishes for the future!

Professor Peter Barnes

Head of Respiratory Medicine National Heart & Lung Institute

UK



The Past Two Decades 1986 – 2006

From 1960s to early 1980s, educational activities of the respiratory community in Hong Kong were solely organized by the American College of Chest Physicians (Hong Kong and Macau Chapter). In response to the increasing sophistication of thoracic medicine and as a result of the foresight and hard work of a group of committed respiratory physicians and surgeons, the Hong Kong Thoracic Society (HKTS) was incorporated under the Companies Ordinance on 21 October 1986. Professor Wah-kit Lam and Dr Shun-yang So were the subscribers with Dr Shiu-lun Chan, Dr Shun-yang So and Professor Wah-kit Lam as founding President, Vice-President and Honorary Secretary respectively. Council members included Dr William Chen, Sister M. Gabriel, Professor Che-keung Mok, Dr Joseph Pang, Dr Wing-wai Yew and Dr Donald Yu. The Society was inaugurated on 13 August 1987 and in the same year it was admitted full Ordinary Membership of the Federation of Medical Societies of Hong Kong. Professor Peter Barnes from the National Heart and Lung Institute of London was invited to be the international advisor.

The objectives of the Society are:

- to promote the advancement of study of thoracic diseases.
- to coordinate and correlate the efforts of organizations interested in the causes, diagnosis, prevention and treatment of thoracic diseases with a view to reduce morbidity and mortality in Hong Kong.
- to promote, foster, develop and assist medical and allied professions in acquiring, disseminating and applying knowledge and information concerning the causes, diagnosis, prevention and treatment of thoracic disease.
- to encourage, stimulate and aid research and investigation into the causes and treatment of thoracic diseases.
- to arouse public interest and provide public education in the prevention and treatment of thoracic diseases.

Over the last two decades, the Society has grown tremendously in its membership, education and research activities, social influence and profile. It is now highly regarded as a leading respiratory society in Hong Kong.

Our membership increased from just 80 in the first year of establishment to 742 as on 28 July 2006, including 6 honorary members, 67 life members, 196 ordinary members and 473 associate members. In order to communicate news and activities of the Society to its members, the Council decided to publish a quarterly Newsletter with its first issue released in October 1987. The early issues of the Newsletter were diligently typed by the Editor on 2-to-4 A4 sized paper. It was comprised of the Society's news, updates on scientific and clinical meetings and a featured article on respiratory topics. Nowadays, the Newsletter is a joint publication with the American College of Chest Physicians (Hong Kong and Macau Chapter) (ACCP HKM) and has completely metamorphosed. It has since undergone two face-lifts with comprehensive contents extended to updates on activities of the two societies, summary of clinical and scientific meetings, featured articles by leading respirologists, practical corner, etc. and has become a must-read for all members. A Publicity and Membership Committee was formed in 1999 and is now responsible for the publication of the newsletter, publicity issues and membership maintenance. Since November 2000, the Committee has successfully launched the HKTS homepage providing electronic communication to enhance the accessibility of information to members.

Over the years, the Society has served as an advisor to the Government and Hospital Authority and published quite a number of important position papers and guidelines:

- A paper on "Clinical Application of Oxygen Therapy" with emphasis on the cost-effective method of oxygen delivery in hospital was submitted to Hospital Authority in 1992.
- Guidelines of physician training in the sub-specialty of respiratory medicine was submitted to the Hong Kong College of Physicians in 1992.
- A position paper on "Control of Tuberculosis" in 1993.
- "Asthma Management Guidelines" in 1994.
- "Practice Standards of Respiratory Procedures Post SARS Era" in 2004.

The Society always considers facilitating professional development of its members a top priority and works closely with ACCP HKM to achieve the goal. Besides sponsoring members to attend international and regional scientific meetings, regular clinical meetings have been hosted since October 1987 where interesting respiratory cases or a topic of particular importance would be presented, discussed and relevant literature reviewed. Presentation materials would later be published in the following newsletter. Though scientific meetings have been organized where overseas academics were invited to update members on scientific advances in 1980s and 1990s, it was not until 1996 that the first Annual Scientific Meeting was initiated on the same day of the Annual General Meeting of the Society. In the same year, an Autumn Respiratory Seminar was hosted and became an annual event. These two annual meetings have since developed into the most popular educational forum with ever-increasing attendance from members and non-members. An Education Committee was formed in 1996 to coordinate the organization of academic meetings, seminars and workshops. Since its inception, the Society, along with sister organizations, has successfully organized many regional and international meetings, including the 13th Asia Pacific Congress on Diseases of the Chest in 1994, International Allergy Forum in 1995 and 1997, 20th Eastern Region Conference of the International Union Against Tuberculosis and Lung Disease in 1999 and the 9th Congress of the Asian Pacific Society of Respirology in 2004. Other educational activities launched throughout the years included the publication of booklet on chronic obstructive pulmonary disease (COPD) and the global initiative for chronic obstructive lung disease (GOLD) guidelines for primary care physicians, publication of the Supplement issue of RESPIROLOGY on severe acute respiratory syndrome (SARS) and the production of a CD-ROM of locally-adapted GOLD guidelines. As for associate members, the Education Committee would jointly organize a Certificate Course on Respiratory Medicine with the Federation of Medical Societies of Hong Kong on a yearly basis. They would as well dedicate a special session for allied health professionals in both Annual Scientific Meeting and Autumn Respiratory Seminar.

Promoting public education and protecting lung health of our citizens are essential missions of the Society. The Council and other senior members were instrumental in the formation of the patient-based the Hong Kong Asthma Society (HKAS) in 1989. The Society continues to support HKAS by nominating its members to be their medical advisors and participating in their various activities. Through the efforts of the Council of HKTS and Executive Committee of ACCP HKM, the Hong Kong Lung Foundation (HKLF) was formed in 1996. Over the last six years, the Society, along with ACCP HKM and HKLF, mounted 5 press conferences to voice our concerns over air pollution in November 2000, increase awareness of COPD (First World COPD Day, November 2002), and register our repeated and strong appeal to ban indoor environmental tobacco smoke (September 2001, March 2005 and March 2006). A letter with signatures from health care workers was sent to Hong Kong Government in 2001 to support Government's amendment of Anti-smoking Ordinance. Other joint endeavours included publication of educational pamphlets on various lung diseases in 2002 and participation of members in RTHK Radio Channel 1 Health programme in 2004 and 2005.

Upon a generous donation from a senior member, the Young Investigators Award was established in 1997 highlighting the Society's effort to encourage research, especially among its young members. To further this good cause, the Scientific Committee was formed in 1999 to coordinate territory-wide clinical and epidemiology studies, survey and diseases registries. Some studies were completed and results published. These included the Hong Kong Adult Lung Function Study, mesothelioma registry and home NIV survey. The Scientific Committee is planning to start up an exciting study on the burden of respiratory diseases in Hong Kong in the near future.

The Society should rightly be proud of its achievements. Yet these could not have happened without the foresight and commitment of early leaders and pioneers, hard work and dedication of generations of Council Members, to whom we offer our heartfelt gratitude. With full support from all members and our close partners HKLF and ACCP HKM, I am confident of continuous success and excellence of the Society in the years to come.

Dr Thomas Mok

President

Hong Kong Thoracic Society

July 2006 (written on the occasion of its 20th Anniversary)



The Past Decade <u>1996 – 20</u>06

The year 1994 saw the resounding success of the 13th Asia Pacific Congress of Chest Diseases in Hong Kong. Jointly organized by the Hong Kong Thoracic Society (HKTS) and the American College of Chest Physicians (Hong Kong and Macau Chapter) (ACCP HKM) on 5 to 8 December, it was the first international chest conference in Hong Kong since the last one in 1981. Since then, Hong Kong has become an important arena for academic exchange among the international fraternity of respiratory medicine and related disciplines. Under the able leadership of Professor Wah-kit Lam, the Organizing Committee reported a healthy financial account, which had enabled HKTS to exploit to full advantage the financial edge hitherto unavailable to the Society.

After due deliberations, HKTS resolved that a Hong Kong Lung Foundation (HKLF) be established for the benefit of the medical profession and the people of Hong Kong. Professor Mary Ip, President of HKTS then drafted the terms of reference and administrative guidelines, while Dr William Chen led future Executive Board Members to tackle the many operational details of setting up a limited company and its listing as a charitable organization, with invaluable help from Ms Eva Chow, subsequently the Honorary Legal Advisor, and Messrs Tam, Chu, Wong & Chan, subsequently the Honorary Auditor.

Following 18 months of preparation, the Hong Kong Lung Foundation Limited (HKLF Limited) was incorporated on 12 March 1996 with the following objectives spelt out in its Memorandum and Articles of Association:

- to promote public education in respiratory health and disease.
- to support research activities in respiratory diseases and health.
- to support professional education and training in respiratory medicine and related disciplines.

The Directors of HKLF Limited were comprised of the Council Members of HKTS and Executive Committee Members of ACCP HKM. Dr Hok-sum Chan, Dr William Chen, Professor Christopher Lai and Professor Wah-kit Lam were the first Office Bearers, while Executive Board Members included Dr Jane Chan, Dr Shiu-lun Chan, Dr Yuk-choi Chan, Professor Mary Ip, Dr Chak-wah Lam, Dr Roland Leung, Dr P. L. Nandi, Dr Shun-yang So, Dr Alfred Tam, Dr Cheuk-ming Tam, Dr Chun-yan Tse, Dr Loretta Yam, Professor Anthony Yim and Dr Wai-cho Yu. The names of the Office Bearers of HKLF Limited since its inception are listed as follows.

Office Bearers of the Hong Kong Lung Foundation

Year	Chairman	Vice-Chairman	Secretary	Treasurer
1996 – 1999	Professor Wah-kit Lam	Professor Christopher Lai	Dr William Chen	Dr Hok-sum Chan
1999 – 2001	Dr William Chen	Professor Mary Ip	Dr Hok-sum Chan	Dr Yuk-choi Chan
2001 – 2003	Professor Mary Ip	Dr Hok-sum Chan	Dr Loretta Yam	Dr Yuk-choi Chan
2003 – 2005	Dr Hok-sum Chan	Dr Loretta Yam	Professor Kenneth Tsang	Dr Thomas Mok
2005 – 2007	Dr Loretta Yam	Professor Kenneth Tsang	Dr Kin-sang Chan	Dr Cheuk-yin Tam

The first activity of HKLF Limited was the establishment of the HKLF Fellowship, to be awarded annually in support of overseas training for members and associate members of HKTS and ACCP HKM. The first recipients of the HKLF Fellowship in 1997 were Dr Yiu-ki Ng, Dr Sai-on Ling, Mr David Yu and Miss Patricia Mak. To date, 23 members and associate members have received overseas training or attended conferences as HKLF Fellows.

The Young Investigator Award for the best paper presented at the Annual Scientific Meeting of HKTS and ACCP HKM was also established in 1996. The first awardee in 1997 was Dr Dominic Choy. Since then, eight specialists and trainees have obtained this Award.

HKLF Limited continued to invest in meaningful activities pertaining to its objectives. Important milestones are listed below.

1999

Co-hosted the "20th Eastern Region Conference of the International Union Against Tuberculosis and Lung Disease (ERIUATLD)" in Hong Kong on 4 to 7 June, in partnership with HKTS, ACCP HKM and the Hong Kong Tuberculosis, Chest and Heart Diseases Association.

Sponsored 69 investigators from mainland China to participate and present their research in the ERIUATLD.

Published a monograph on the "Current Management of COPD", edited by Dr Thomas Mok and Professor Kenneth Tsang, which was distributed free-of-charge to private and public doctors in Hong Kong.

HISTORY OF THE HONG KONG LUNG FOUNDATION

2001	Established the HKLF Research Grant Award. The first batch of awardees for Year 2001/2002 was Dr Bing Lam, Dr Thomas Mok, Dr Wai-cho Yu and Dr Kwok-keung Ng. To date, 19 Fellows have received HKLF Grants to pursue research activities in various respiratory diseases.		
	Funded a press conference on "Health Effects of Smoking" in collaboration with various professional societies including the Hong Kong College of Cardiology, the Hong Kong Obstetrics & Gynaecology Society, and the Hong Kong Society of Radiotherapy & Oncology.		
	Launched the HKLF website.		
2002	Orchestrated activities for the promotion of the "Global Initiative for Chronic Obstructive Lung Disease (GOLD) Guideline" including a press conference, printing the GOLD Guideline for all general practitioners and printing relevant patient education material.		
2003	Constructed the "COPD Hong Kong" website (www.copdhk.com).		
2003	Funded the production of GOLD Guideline CD-ROM format.		
	Formulated four guidelines on infection control for four respiratory procedures in the Post-SARS era.		
	Funded the production of 5,000 copies of "SARS, Volume 8 Supplement, RESPIROLOGY", November 2003, for distribution to doctors in Hong Kong and mainland China. The Supplement is a collection of articles written by members of HKLF, HKTS and ACCP HKM and respiratory specialist in the Asian Pacific region.		
2004	Set up the Investment Sub-committee in May.		
2007	Founded the "Tse Yuen Man Scholarship".		
	Revamped the HKLF website to become a resource center in Respiratory Diseases and Lung Health. The Website became linked to COPD Hong Kong website.		
	Co-hosted with HKTS and ACCP HKM the "9th Congress of the Asian Pacific Society of Respirology (APSR)" in Hong Kong on 10 to 13 December.		
	Sponsored 67 mainland China investigators to attend and present their research at the APSR Congress.		
2005	Financed the "Symposium on Avian Influenza (AI): in preparation for a Pandemic" on 16 April, the first of its kind in Hong Kong. Experts from Hong Kong, Korea, Malaysia, Singapore and Thailand discussed all aspects of these diseases, from epidemiology and virology to clinical issues and contingency plans.		
	Revised the rules governing the HKLF Research Grant Review Committee.		
2006	Funded a press conference on the theme "Respiratory Health in Hong Kong: Worsening Scenario".		
	Preparations for the "10th Anniversary celebrations".		

HISTORY OF THE HONG KONG LUNG FOUNDATION

On this auspicious occasion of the 10th Anniversary of HKLF, may I congratulate the Foundation on realizing its vision and becoming a pillar of strength for the promotion of lung health in Hong Kong. May I also thank all who have ceaselessly contributed to the activities of the Foundation from its inception to the present, without whom HKLF will not have been able to achieve its objectives. I am sure that, with the selfless efforts and cooperation of all its Executive Council and the unwavering support by HKTS and ACCP HKM, HKLF will continue to grow from strength to strength, to further benefit the respiratory community and all the people of Hong Kong.

Dr Loretta Yam

Chairman

Hong Kong Lung Foundation Limited

Jonesa Jam

July 2006 (written on the occasion of its 10th Anniversary)



Professor Wah-kit Lam
Reprint from Archives in Respiratory Medicine: History of Hong Kong Lung
Foundation. HKTS/ACCP HKM Newsletter 2001 11(1): 3 – 4

The story of the Hong Kong Lung Foundation started with the 13th Asia Pacific Congress on Diseases of the Chest (APCDC)

he 13th APCDC was held in Hong Kong from 5 to 8 December 1994. It was the first major international chest conference held in Hong Kong since the last one in 1981. It was jointly organized by the American College of Chest Physicians (Hong Kong and Macau Chapter) (ACCP HKM) and the Hong Kong Thoracic Society (HKTS). The Advisors: Sister M Gabriel, Dr PAL Horsfall, Dr Donald Yu, Professor CK Mok, Dr PL Nandi; Organizing Committee President: Professor WK Lam; Vice-Presidents: Dr SL Chan and Dr SY So; Secretary General: Dr William Chen; Assistant Secretaries: Dr CW Lam and Dr KL Tsang; Treasurer: Dr HS Chan; Subcommittee Chairpersons: Scientific Programme: Professor Christopher Lai; Finance: Dr HS Chan and Dr Joseph Pang; Publications: Professor Mary Ip; Registration and Publicity: Dr YC Chan; Congress Facilities & Protocol: Dr Jane Chan; Exhibition: Dr WW Yew; Accommodation & Transport: Dr Loretta Yam; and Social Programmes: Dr CY Tse. With Professor Christopher Lai in charge of the Scientific Programme, scientific excellence was assured, and with Dr William Chen leading in the quest of industrial support, a very healthy account book was guaranteed. And with the whole Organizing Committee working in full force for two years, plus the support of all our colleagues in Hong Kong and overseas, the 13th APCDC turned out to be a resounding success both scientifically and financially. Most importantly, Hong Kong has secured a firmer place in the international fraternity of respiratory medicine and related disciplines than ever before.

The great financial success left us with a question that we had never hitherto faced: how to make the best use of the substantial sum of money available in the aftermath of the congress? Discussions and meetings after meetings ensued. Finally, it was resolved that a Hong Kong Lung Foundation should be established. Professor Mary Ip, then President of HKTS, was in charge of drafting the terms of reference and administrative guidelines. As usual, the very resourceful and energetic Dr William Chen was responsible for the actual operational minutiae of establishing the Foundation, including liaison with our Hon. Legal Advisor Ms Eva Chow and Hon. Auditor Tam, Chu, Wong & Chan, and printing of the Memorandum and Articles of Association of the Foundation.

After nearly one and a half years of preparation and concerted efforts of HKTS and ACCP HKM, the Hong Kong Lung Foundation Limited was at last incorporated on 12 March 1996 with the objectives of (1) promoting public education in respiratory health and disease (e.g. printing educational materials in asthma, chronic obstructive pulmonary disease (COPD), etc); (2) supporting research activities in respiratory diseases and health; (3) supporting professional education and training in respiratory medicine and related disciplines (e.g. HKLF Fellowships,

HISTORY OF THE HONG KONG LUNG FOUNDATION

supporting participants from mainland China to attend international/regional chest conferences held in Hong Kong and vice versa, supporting regular clinical meetings etc).

The Directors, Officers and Executive Board Members would be the Council Members of HKTS and the Executive Committee Members of ACCP HKM. The first batch of Officers and Executive Board Members was: Chairman: Professor WK Lam; Vice-Chairman: Professor Christopher Lai; Secretary: Dr William Chen; Treasurer: Dr HS Chan; Executive Board Members: Dr Jane Chan, Dr SL Chan, Dr YC Chan, Professor Mary Ip, Dr CW Lam, Dr Roland Leung, Dr PL Nandi, Dr SY So, Dr CM Tam, Dr Alfred Tam, Dr CY Tse, Dr Loretta Yam, Professor Anthony Yim and Dr WC Yu.

The Hong Kong Lung Foundation Limited, newly born in March 1996 and full of energy, already in full swing to serve. The rest is history well known to you all.

Professor Wah-kit Lam

15 January 2001

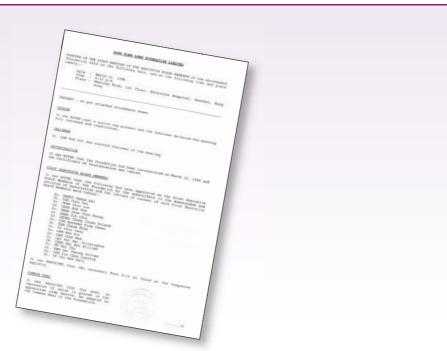


HISTORY OF THE HONG KONG THORACIC SOCIETY AND HONG KONG LUNG FOUNDATION

Documents of the establishment of the Hong Kong Thoracic Society and the Hong Kong Lung Foundation



Minutes of the first Hong Kong Lung Foundation Council Meeting in 1996





Hong Kong Thoracic Society

 $^{19}87 - ^{19}89$

¹⁹89-¹⁹91

 $^{19}91$ - $^{19}93$

¹⁹93-¹⁹95



Dr Shiu-lun Chan



Professor Wah-kit Lam



Dr William Chen



Professor Christopher Lai

¹⁹95-¹⁹99

¹⁹99-²⁰01

²⁰01-²⁰03

²⁰03-²⁰05



Professor Mary Ip



Dr Wai-cho Yu



Professor Kenneth Tsang



Professor David Hui

²⁰05-present



Dr Thomas Mok

Hong Kong Lung Foundation



Professor Wah-kit Lam



Dr William Chen



Professor Mary Ip



Dr Hok-sum Chan



Dr Loretta Yam



Current Council and Executive Committee members of the Hong Kong Thoracic Society and the Hong Kong Lung Foundation

2005 - 2007

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Dr Donald Yu

Dr Wai-cho Yu





Council & Clinical Meetings

he Hong Kong Thoracic Society Council Meetings are chaired by the President, and attended by other office bearers, the Immediate Past President and the other Council Members.

It is held once every 2 months, together with the Executive Board Members of the American College of Chest Physicians (Hong Kong and Macau Chapter) and the Hong Kong Lung Foundation. It is usually scheduled after the Clinical Meetings at the Ruttonjee Hospital, or in the evening after the Annual Scientific Meeting or Autumn Respiratory Seminar.

The Sub-committees (education sub-committee, scientific sub-committee, membership and publicity sub-committee) of HKTS would report their affairs and updates at the Council meetings, where most major decisions of HKTS are made. Common items being discussed include progress reports of various researches, organization of scientific meetings, nomination and acceptance of various sponsorships to local and overseas academic or educational events, etc.

Regular clinical meetings have been hosted since October 1987. Interesting respiratory cases and hot topics would be presented, then followed by discussions and literature reviews. Each hospital would prepare and chair these presentations in turn. These presentations not only provided valuable learning opportunities for respiratory trainees but also served as a platform for experience sharing amongst respiratory specialists from different hospitals. The materials presented would subsequently be posted in the HKTS Newsletter.

COUNCIL & CLINICAL MEETINGS







Annual Scientific Meetings & Autumn Respiratory Seminars

Since 1996, the Annual Scientific Meeting and Autumn Respiratory Seminar have been the important regular annual events co-organized by the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter), with the support from the Hong Kong Lung Foundation. These two meetings have become the most popular local academic and educational events in the field of respiratory medicine with an everincreasing attendance from both members and non-members of the Hong Kong Thoracic Society over the years.



Annual Scientific Meeting 1997



Annual Scientific Meeting 1999



Autumn Respiratory Seminar 2001



Annual Scientific Meeting 2001

LOCAL SCIENTIFIC MEETINGS

utumn Respiratory Seminar 2002 17 November 2002



Annual Scientific Meeting 2002



Autumn Respiratory Seminar 2002



Annual Scientific Meeting 2003



Autumn Respiratory Seminar 2003



Annual Scientific Meeting 2004



Autumn Respiratory Seminar 2005



Annual Scientific Meeting 2005



Annual Scientific Meeting 2006





13th Asia Pacific Congress on Diseases of the Chest

5 to 8 December 1994

Hong Kong Convention and Exhibition Centre

he 13th Asia Pacific Congress on Diseases of the Chest (APCDC) was held in Hong Kong from 5 to 8 December 1994. This meeting was jointly organized by the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter). Professor Wah-kit Lam was the President of the Organizing Committee. With the whole Organizing Committee working in full force for two years, and with the support of respiratory community in both Hong Kong and overseas, the 13th APCDC turned out to be a resounding success both scientifically and financially. By hosting of this special respiratory meeting, the Hong Kong Thoracic Society has securely anchored a firmer position in promoting of international fraternity in respiratory medicine and related disciplines.



Bidding Document prepared by Dr Chun-yan Tse, President of the American College of Chest Physicians (Hong Kong and Macau Chapter) in 1992



Support from the Hong Kong Thoracic Society and the Hong Kong Tourism Board

International Allergy Forum

25 to 26 November 1995

Sheraton Hong Kong Hotel & Towers

his two-day forum was organized by the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter) and endorsed by the International Association of Allergology and Clinical Immunology with Professor Mary Ip being the chairman of the organizing committee. The meeting was well attended by local delegates including respiratory physicians, paediatricians, general practitioners and allied health staff.

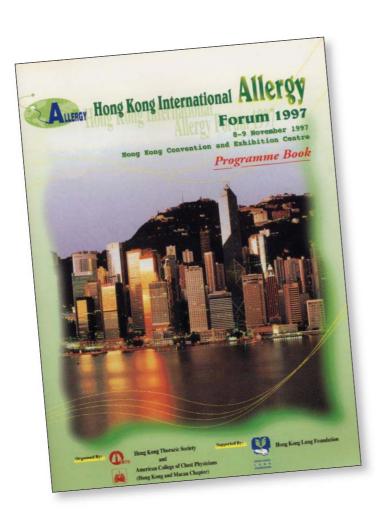


International Allergy Forum

8 to 9 November 1997

Hong Kong Convention and Exhibition Centre

his international allergy forum was organized by the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter) and supported by the Hong Kong Lung Foundation with Professor Christopher Lai as the chairman of the organizing committee. This meeting only lasted for 1.5 days but was well attended by not just local delegates but also more than 100 participants from Asia Pacific countries.



20th Eastern Region Conference of the International Union Against Tuberculosis and Lung Disease in 1999

4 to 7 June 1999, Hong Kong Convention and Exhibition Centre

his biennial conference was hosted jointly by the Hong Kong Tuberculosis, Chest and Heart Diseases Association (under the auspices of the Eastern Region of the International Union Against Tuberculosis and Lung Diseases [IUATLD]), the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter). The conference has attracted over 1,000 delegates from 25 countries, mostly from Asian Pacific region. The main theme of the meeting focused on strategies towards the common respiratory diseases such as asthma, chronic obstructive pulmonary disease (COPD), lung cancer, tuberculosis and human immunodeficiency virus (HIV).

The Hong Kong Lung Foundation has sponsored 60 delegates from mainland China to participate in this conference.





Press Conference at the IUATLD Conference



Conference Banquet



Conference Material



Registration Entrance

9th Congress of the Asian Pacific Society of Respirology

10 to 13 December 2004

Hong Kong Convention and Exhibition Centre

he 9th Congress of the Asian Pacific Society of Respirology was successfully convened from 10 to 13 December 2004 in Hong Kong. It was organized by the joint efforts of the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter), with support from the Hong Kong Lung Foundation. There were over 1,300 delegates from 34 countries and regions, with the largest number of delegates from Hong Kong (475 delegates), followed by mainland China (257), Vietnam (108), Malaysia (63), Indonesia (53), Taiwan (53), Thailand (53), Japan (45), Philippines (35) and Sri Lanka (26). The scientific programme consisted of 5 workshops, 5 plenary lectures, 2 memorial lectures, 14 symposia, a Radiology Grand Round and a Presidential Symposium.

Dr Henry Fok and Dr Ka-shing Li donated HK\$200,000 and HK\$150,000 respectively to the Hong Kong Lung Foundation which in turn sponsored 68 delegates from mainland China to attend the congress.

The following are some of the snap shots during the conference.



The Honourable Donald Tsang, GMB, JP, Chief Secretary for Administration of the HKSAR, giving his keynote address at the Opening Ceremony

(The Honourable Donald Tsang is now the Chief Executive of the HKSAR)



Professor Mary Ip, Chairman of the Congress Organizing Committee, presenting her opening remarks at the Opening Ceremony



Professor Wah-kit Lam, President of the Asian Pacific Society of Respirology and the Congress, delivering his welcome speech at the Opening Ceremony

INTERNATIONAL SCIENTIFIC MEETINGS



Group Photo at the Opening and Closing Ceremonies



Dr Joseph Pang as the Master-of-Ceremony at the Congress Dinner



Dr Joseph Pang (left) and Professor Kenneth Tsang (right) at the Congress Dinner



From left to right: Dr Cheuk-yin Tam, Professor David Hui, Professor Mary Ip, Professor Wah-kit Lam, Professor Kenneth Tsang and Dr Thomas Mok at the Congress Dinner



Group photo of the local and international faculty members, with the performers at the Congress Dinner

INTERNATIONAL SCIENTIFIC MEETINGS



Reports on APSR 2004

Memorable quotes

"You would think that for a condition that is still at large in Asia there would be adequate information in a medical textbook about its etiology and pathophysiology. But I've not seen even one chapter devoted to bronchiectasis!"

Professor Kenneth Tsang, Assistant Dean and honorary consultant at the department of respiratory and critical care, Hong Kong, lamenting on the general neglect of this COPD in the Asia Pacific

"It is important to remember that keeping in good general health is as important as medical therapy, which is especially true for respiratory problems." Professor Hidetada Sasaki, department of geriatrics and respiratory medicine, Tohoku University, Japan

"The image of Australians as champion athletes is somewhat tarnished by the reality that approximately 60 percent of us are overweight and 21 percent are considered obese." Dr. Norbert Berend, director of the Woolcock Institute, Australia, when discussing weighty figures and their relevance to asthma.

"Obviously having strict control over the trade, sale and marketing of wildlife delicacies is very important but it can be difficult – many Chinese still like to eat the civet cat [despite the SARS warnings]." Dr. Nan Shan Zhong, director of the Guangzhou Institute of Respiratory Disease, China

"Of course it really is advisable to remind your patients that for every cigarette they smoke, they cut off 20 minutes of their life." Professor Ronald Dahl, department of respiratory diseases and allergology, Aarhus University, Denmark

"The limited resources in developing countries are hampering the implementation of DOTS – in some cases it is not the most appropriate strategy for eliminating tuberculosis." Professor Young Soo Shim, director of pulmonary and critical care medicine at Seoul University. Despite the general consensus that DOTS is the best approach to TB, Shim noted that there were downsides to the strategy too, including the fact that many patients find being observed for treatment to be insulting.

Personal perspectives



Dato' Dr. Jeyaindran Tan Sri Dr Sinnadurai, Consultant Pulmonary Physician, Hospital Kuala Lumpur, Malaysia:

"I'm particularly interested in the presentations on asthma control as I believe we are moving towards a new treatment paradigm. An improved understanding of the mechanisms of asthma has led to better identification of the phenotypes and better treatment control. We are now beginning to understand the role of eosinophils much more and this will have quite a big impact on our future clinical management of the disease. The discussions [at APSR] on this aspect have been quite good ..."



Dato' Dr. K. Chandran, Senior Consultant Physician, Ipoh Hospital, Malaysia

"Overall, I believe it has been very well organized. The talks have been interesting and the speakers

good. I have a personal interest in COPD, which is a big issue for us in Malaysia and so this conference program appealed to me. There have been quite a number of sessions on COPD."



Dr. Ceva, Respirologist, Jakarta, Indonesia:

"I think it has been quite good but not particularly impressive compared with other respiratory meetings held during the year [2004]. I wouldn't be able

to highlight any thing in particular which I thought was different to what we've already heard at those conferences [namely the 4th Triennial World Asthma Congress and European Society of Respirology]."



Ms Josephine Lo, Nurse, Canossa Hospital, Hong Kong

"The meeting is interesting. Mostly, we want to go to the sessions on TB. TB is re-emerging in Hong Kong

and we need to be aware of how to best help patients who've contracted the disease. Actually, I am not a doctor, but I still find the sessions to be educational and think that I have benefited from the new information."





Support to Smoking (Public Health) Ordinance

(in association with Hong Kong College of Cardiology, Hong Kong Obstetrics & Gynaecology Society and Hong Kong Society of Radiotherapy & Oncology) 11 September 2001

Press Release:

Response to the Proposed Legislative Amendments to Smoking (Public Health) Ordinance (Cap. 371)

Introduction

It is well documented that smoking leads to heart disease, chronic obstructive lung disease and many types of cancer, claiming about 5,500 lives every year in Hong Kong. The economic loss is also enormous: the estimated direct medical cost in the public sector to treat illnesses directly attributable to smoking amounted to \$797 millions in 1999. Less well-known is the fact that environmental tobacco smoke (ETS) is also detrimental to health. From the Harvard Consultant report, \$157 million was spent on medical consultation arising from exposure to ETS.

What is ETS?

The primary components of ETS are mainstream smoke exhaled by the smoker, and sidestream smoke emitted from the burning ends of cigarette. Both sidestream and mainstream smoke contain more than 4,000 toxic chemicals including carcinogens. ETS is the most common and serious indoor pollutant.

Adverse health effects of ETS on respiratory system:

1) Children: as children breathe in more air per body weight than adults, ETS is more harmful to their growing lungs. Children exposed to ETS have more upper respiratory tract symptoms including cough, phlegm and wheezing. They tend to have more otitis media (fluid in their middle ear), bronchitis and pneumonia and sudden infant death syndrome. Exposure to ETS is associated with development of asthma as well as severe and frequent aggravation of existing asthma.

In Hong Kong, about half of school children (12 to 15 years) live in a household with one or more current smokers, underscoring the magnitude of health risk of ETS to our children.

PRESS CONFERENCES

2) Adults: ETS exposure causes irritation of the eyes, nose and throat. For adults with asthma, exposure to ETS causes more asthma symptoms and acute exacerbation. Prolonged exposure is associated with development of new cases of chronic bronchitis and cancer. ETS has been classified by US Environmental Protection Agency as a Group A lung carcinogen, responsible for approximately 3,000 lung cancer deaths annually in US non-smokers. There is also evidence linking ETS exposure with sinonasal cancer.

A recent survey found that the urine level of cotinine of workers employed in restaurants without smoking restriction is four to five times higher than that of unexposed non-smokers, revealing the significant level of ETS exposure among restaurant workers in the SAR.

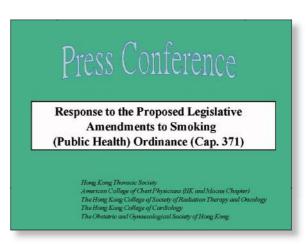
Trend in Youth Smoking

Although the overall smoking rate in Hong Kong is declining, we observed an increasing trend of current smoking among F.1 to F.3 students, which is particularly serious among female students. The positive perception conveyed by cigarette advertisement was found to be the strongest risk factor for smoking among this group of youngsters, every effort should be employed to prohibit public promotion of tobacco products.



Conclusion

We strongly support the proposed legislative amendment of Smoking (Public Health) Ordinance Cap 371, to expand No Smoking Areas to all eating establishments, schools and indoor workplaces and to close the loopholes in the existing legislation on tobacco advertisement.



SARS: What We Have Learned

23 December 2003, Queen Mary Hospital

In this press conference, the SARS Supplement published in the journal "RESPIROLOGY" was introduced to the public.

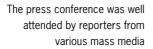
Press Invitation:

"Severe acute respiratory syndrome (SARS) has inflicted personal tragedies and extreme suffering on patients, their families and friends, the general public, and countless health care workers all over Asia and beyond. The impact of SARS on health systems, tourism, business and economies of the world, especially in Asia, has been overwhelming! In this Supplement, we present an overview of SARS including clinical virology and pathogenesis, epidemiology, radiology, clinical features and diagnosis, drug treatment (pharmacotherapy), ventilatory and intensive care, prognosis and outcome, hospital infection control strategies and public health measures. We believe this is the first collection of expert opinions on SARS in an indexed journal, and we would try to make this available electronically. Members of the Chinese Thoracic Society and

the Hong Kong Thoracic Society are working diligently to disseminate our knowledge and experience to all potentially affected clinicians through this Supplement and other means. We sincerely hope this collection will serve our mission to provide the highest quality care to our patients."



The SARS RESPIROLOGY Supplement was introduced by our local panel of experts at the Press Conference





Professor Kenneth Tsang interviewed by reporters

RESPIROLOGY

SARS

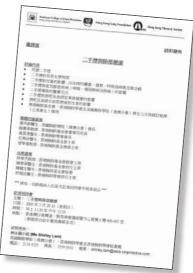
Environmental Tobacco Smoke (ETS) and Lung Health

20 March 2005, Hong Kong Convention and Exhibition Centre

n response to the government's proposed legislative amendment of Smoking (Public Health) Ordinance, the Hong Kong Thoracic Society, the American College of Chest Physicians (Hong Kong and Macau Chapter) and the Hong Kong Lung Foundation have jointly organized a press conference to reiterate the harmful effects of environmental tobacco smoke on lung health. It demonstrated the strong support from local health professional to the government on the proposed legislative amendment.



A patient shared her feeling on the effect of environmental tobacco smoke on her health



Chinese Press Invitation

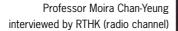
PRESS CONFERENCES



Newspaper Coverage



Dr Thomas Mok, Dr Loretta Yam, Professor Kenneth Tsang, Professor Moira Chan-Yeung and Dr Poon-chuen Wong (from left to right) at the Press Conference





Dr Loretta Yam interviewed by ATV (television channel)

Respiratory Health in Hong Kong: A Worsening Scenario

19 March 2006, Hong Kong Convention and Exhibition Centre

press conference titled "Respiratory Health in Hong Kong: A Worsening Scenario" was held on 19 March 2006 at the Hong Kong Convention and Exhibition Centre. The press conference was well received with much media attention drawn towards the worsening respiratory health of our local population. On the other hand, our support towards the ban of tobacco smoking in public places as well as the importance of improving our environmental air quality were clearly disseminated to the public.



Dr Poon-chuen Wong, Professor Mary Ip, Dr Fanny Ko and Dr Loretta Yam (from left to right) at the Press Conference

PRESS CONFERENCES





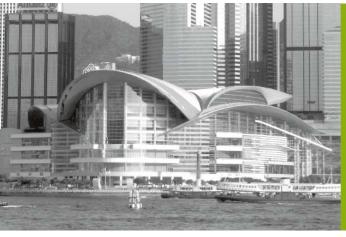






The press conference was well attended by the media





World COPD Day

20 November 2002

Hospital Authority Building

he event aimed at increasing the public awareness of chronic obstructive pulmonary disease (COPD) in the community. The Hong Kong Thoracic Society has produced a special CD-ROM and some educational pamphlets for this special event.



Professor Kenneth Tsang, Professor David Hui, Dr Thomas Mok, Dr Kin-sang Chan, Professor Mary Ip, Professor Wah-kit Lam, Dr William Chen and Dr Shengsheng Ho (from left to right) at the World COPD Day



Dr Kin-sang Chan, Professor Mary Ip, Dr Thomas Mok and Professor Kenneth Tsang (from left to right) at the World COPD Day



Hong Kong SARS Forum

8 to 11 May 2004, Hong Kong Convention and Exhibition Centre (organized by Hospital Authority)

n 2004, the Hospital Authority Convention has featured severe acute respiratory syndrome (SARS) as its main theme. Among the participating experts from various disciplines, many of our leading pulmonologists have been invited to take an active part in the Forum. Topics covered at the forum were very comprehensive, including epidemiological, clinical, laboratory, nursing and psychiatric aspects of SARS.



Our office bearers (from left to right: Dr Chung-ming Chu, Dr Thomas Mok, Professor Kenneth Tsang) at the Hong Kong SARS Forum

Symposium on Avian Flu in 2005

16 April 2005

Hong Kong Convention and Exhibition Centre

ointly organized by the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter) and funded by the Hong Kong Lung Foundation, the symposium on Avian Flu was conducted with great success in 2005. Experts from Hong Kong, Korea, Malaysia, Singapore and Thailand gathered together to discuss pressing issues on avian flu including epidemiology, virology, clinical management and contingency plan related to Avian Influenza.

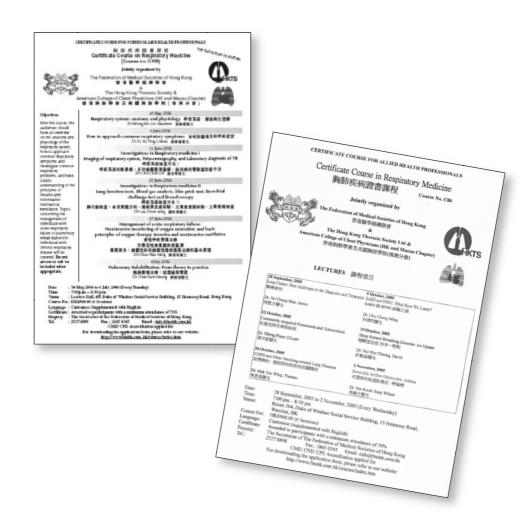


A panel of experts at the Symposium on Avian Flu

Certificate Course in Respiratory Medicine and Certificate Course for Allied Health Professionals

(co-organized with the Federation of Medical Societies of Hong Kong)

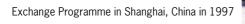
his is a certificate course designed for allied health professionals, with the aim of updating participants on knowledge in respiratory medicine.



NAPSHOTS FROM OVERSEAS RESPIRATORY ACTIVITIES



APCDC Meeting in Beijing, China in 1995







European Respiratory Society Meeting in Florence, Italy in 2000



ong Kong Asthma Society is a non-profit making charitable patient-based organization with more than 1,000 members. It is a support group for patients with asthma and allergies and their family members.

Throughout the years, the Hong Kong Thoracic Society has been very supportive to the Hong Kong Asthma Society. Many of their educational seminars were delivered by the Hong Kong Thoracic Society physicians and nursing members. In addition, some members of the Hong Kong Thoracic Society have also been serving as the Medical Advisors for the Hong Kong Asthma Society.

Examples of the Hong Kong Thoracic Society's participation to activities organized by the Hong Kong Asthma Society:



1998 Annual General Meeting of the Hong Kong Asthma Society



Dr William Chen and Professor Christopher Lai participated in the "超動感運動日" organized by the Hong Kong Asthma Society in 1998

SUPPORT TO THE HONG KONG ASTHMA SOCIETY



1998 World Asthma Day



1999 Talk on Asthma Management



2006 Talk on Occupational Asthma



Dr Thomas Mok and Mr Alan Chan (Chairman of the Hong Kong Asthma Society) at the 1999 to 2000 Annual General Meeting of the Hong Kong Asthma Society

UPPORT TO THE HONG KONG COLLEGE OF PHYSICIANS RESPIRATORY MEDICINE ADVISORY GROUP

n 1993, the Hong Kong College of Physicians (HKCP) planned to publish the first edition of the HKCP Guidelines on Postgraduate Training in Internal Medicine in which the subspecialty training guidelines would be included. The following members of HKTS were invited to join the HKCP Respiratory Medicine Advisory Group.

Chairman: Professor Wah-kit Lam

Members: Dr Jane Chan, Dr William Chen, Professor Mary Ip, Dr Chun-yan Tse,

Dr Loretta Yam and Dr Wing-wai Yew

The Group drafted the first edition of the HKCP Training Guidelines in Respiratory Medicine published in 1993. Since then, members of the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter) had actively contributed to the updating of the guidelines throughout the years in 1997, 2002 and again in 2006.



n 2004, the World Health Organization (WHO) sponsored a Framework Convention on Tobacco Control, after which a code of practice for tobacco control was proposed. In March 2005, the Federation of Medical Societies of Hong Kong invited medical societies to render their endorsement. The Hong Kong Thoracic Society, together with the American College of Chest Physicians (Hong Kong and Macau Chapter), fully endorsed this code of practice.





Hong Kong Thoracic Society Newsletter

he first issue of the Hong Kong Thoracic Society newsletter was published in October 1987 with Professor Wah-kit Lam as the chief editor. It was comprised of the Society's news, updates on scientific and clinical meetings and a featured article on respiratory topics. Nowadays, the newsletter has evolved into a quarterly joint publication with the American College of Chest Physicians (Hong Kong and Macau Chapter).

List of Chief Editors:

1987 – 1989	Professor Wah-kit Lam
1989 – 1991	Dr William Chen and Professor Mary Ip
1991 – 1993	Dr Hok-sum Chan, Professor Mary Ip and
	Professor Christopher Lai
1993 – 1999	Dr Wai-cho Yu
1999 – 2001	Dr Cheuk-yin Tam
2001 - 2003	Dr Chung-ming Chu
2003 – 2005	Dr James Ho
2005 – present	Dr Fanny Ko



The first issue of the typed Newsletter with Professor Wah-kit Lam as the chief editor

The latest issue of the Newsletter with Dr Fanny Ko as the chief editor



The current Newsletter contains the abstracts of cases presented at clinical meetings as well as reports of annual conferences and special events organized by the Hong Kong Thoracic Society and the American College of Chest Physicians (Hong Kong and Macau Chapter). To cater for the changing needs of readers, there are special practical corners and medical statistics corners as knowledge refresher and handy references. Other features in the Newsletter include new book column, schedule of activities by local and international respiratory societies, abstracts of dissertations of our fellows and membership news. There would occasionally be some special articles on hot respiratory topics such as "Practical Standards of Respiratory Procedures: Post SARS Era 2003". As a result, the current Newsletter has become an educational and information resource particularly for the trainees and younger members of the Hong Kong Thoracic Society.

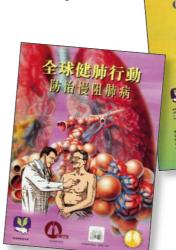
Other Publications

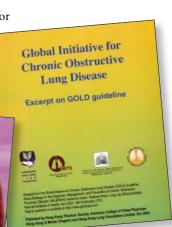
Apart from the newsletter, educational monographs and pamphlets have been published for professionals and patients with respiratory diseases. These include:

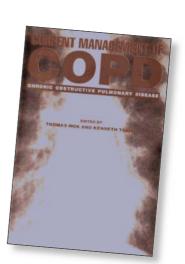
- "Clinical Application of Oxygen Therapy"
 A paper published by the Hong Kong Thoracic Society with emphasis on the cost-effective method of oxygen delivery in hospital. It was submitted to the Hospital Authority in 1992.
- "Control of Tuberculosis"
 This is a position paper published in 1993 by the Hong Kong Thoracic Society.
- "Asthma Management Guidelines"
 This guideline was published in 1994 by the Hong Kong Thoracic Society.
- 4. "Current Management of Chronic Obstructive Pulmonary Disease (COPD)" It was published in 1999 by the Hong Kong Thoracic Society, the Hong Kong Lung Foundation and the American College of Chest Physicians (Hong Kong and Macau Chapter) and edited by Dr Thomas Mok and Professor Kenneth Tsang. Summarizing the prevailing guidelines on the management of COPD, the work also incorporated Western insights into local framework.
- 5. "Global Initiative for Chronic Obstructive Lung Disease (GOLD) Excerpt on GOLD Guideline"

The guidelines and CD-ROM were produced in 2001 to promote the GOLD guideline for management of COPD. This was a joint publication by the Hong Kong Thoracic Society, the Hong Kong Lung Foundation and the American College of Chest Physicians (Hong Kong and Macau Chapter).





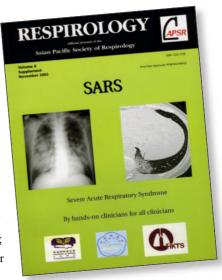




PUBLICATIONS

 The SARS Respirology Supplement 2003 SARS, Volume 8 Supplement, "RESPIROLOGY", November 2003

The Supplement is a collection of articles written by members of the Hong Kong Thoracic Society, the Hong Kong Lung Foundation, the American College of Chest Physicians (Hong Kong and Macau Chapter) and respiratory specialists in Asian Pacific region. The Hong Kong Lung Foundation has funded the production of 5,000 copies for distribution to doctors in Hong Kong and mainland China.



7. "Practice Standards of Respiratory Procedures: Post SARS Era 2003"

This included the guidelines on:

- i. lung function testing
- ii. non-invasive positive pressure ventilation
- iii. use of aerosolized medications, and
- iv. fiberoptic bronchoscopy
- 8. Hong Kong Lung Foundation Educational Pamphlets:

The Hong Kong Lung Foundation has published 11 different pamphlets on respiratory diseases including COPD, asthma, asthma medications, bronchiectasis, sleep apnoea, air pollution and global warming, indoor air pollution, lung cancer, pneumonia, smoking and smoking cessation and tuberculosis.



Paper on "Home Mechanical Ventilation in Hong Kong"

This paper was published in the European Respiratory Journal in 2004.







Oth the Hong Kong Thoracic Society and the Hong Kong Lung Foundation have their own websites containing information on the history, development, objectives and council members of both societies.

You are mostly welcomed to visit us at:

The Hong Kong Thoracic Society: http://www.fmshk.com.hk/hkts/home.htm



The Hong Kong Lung Foundation: http://hklf.org/HKLF/index_e.htm





Hong Kong Lung Foundation Fellowship

The fellowship is open to applications from medical practitioners, allied health professionals, scientists, medical students and others. It aims at facilitating overseas travel for research, study and training concerning modern methods of diagnosis, prevention and treatment of diseases of the respiratory system. Priority is given to active members of the Hong Kong Thoracic Society.

The Hong Kong Lung Foundation Fellowship includes three types of awards:

- The first is open to members of the medical profession, valued at a maximum of HK\$50,000 for training of 3 to 9 months and a sum up to HK\$60,000 for training of over 9 months.
- The second is open to members of nursing/allied health professions, valued at a maximum of HK\$30,000.
- The third is open to all members of the medical, nursing and allied health professions, valued at a maximum of HK\$30,000 for attending conferences or short training courses of 3 months or less.

Hong Kong Lung Foundation Fellowship is open to applications twice a year in June and December. Applicants should submit their application forms to the Honorary Secretary of the Hong Kong Lung Foundation before 30 June and 31 December each year.

Application procedures and application form of this Fellowship programme can be downloaded from the Hong Kong Lung Foundation Website at http://www.hklf.org/HKLF/hklf_fellows_e.htm

Contact details of our current Honorary Secretary (2005 to 2007) is as follows:

Dr Kin-sang Chan

Address: Pulmonary & Palliative Care Unit, Haven of Hope Hospital, Tseung Kwan O, Hong Kong

Fax: 2703 8799

E-mail: chanks@ha.org.hk

Awardee Record

Year 1997 - 1998

Dr Yiu-ki Ng	Department of Paediatrics Queen Mary Hospital	6-month training in Paediatric Intensive Care at Children's Hospital in USA
Dr Sai-on Ling	Respiratory Medical Department Kowloon Hospital	6-month training in Respiratory Medicine at Aintree Chest Centre in United Kingdom
Mr David Yu	Physiotherapy Department Kowloon Hospital	5-week training in Respiratory Care & Physiotherapy at St. Vincent's Hospital in Australia
Miss Patricia Mak	Physiotherapy Department Princess Margaret Hospital	2-month training in Respiratory Rehabilitation at National Jewish Centre in USA

Year 1998 - 1999

Dr Dominic Choy	Department of Medicine and Therapeutics Prince of Wales Hospital	6-month training in Sleep Medicine at Royal Prince Alfred Hospital in Australia
Dr Bing Lam	Department of Medicine Queen Mary Hospital	1-year training in Respiratory and Sleep Medicine at University of British Columbia in Canada
Dr Wing-lok Tong	Department of Medicine Princess Margaret Hospital	6-month training in Respiratory Medicine in United Kingdom
Miss Mabel Tong	Department of Medicine and Therapeutics Prince of Wales Hospital	Attended ATS/ALA International Conference 1998 in USA

Year 1999 - 2000

Miss Barbara Law	Department of Medicine	8-day Polysomnography Technology Course at
	Queen Mary Hospital	Kuakini Medical Center in USA
Dr Loletta So	Department of Medicine	6-month training in Respiratory Medicine at
	Pamela Youde Nethersole Eastern Hospital	Royal Brompton Hospital in United Kingdom

Year 2000 - 2001

Dr James Ho	Department of Medicine Queen Mary Hospital	12-month training in Cancer at Lerner Research Institute, Cleveland Clinic Foundation in USA
Dr Fanny Ko	Department of Medicine and Therapeutics Prince of Wales Hospital	12-month training in Asthma Research at Woolcock Institute of Medical Research of the University of Sydney in Australia
Dr Henry Kwok	Department of Medicine Ruttonjee Hospital	6-month training in Pulmonary and Critical Care Medicine at Rhode Island Hospital in USA

Year 2001 - 2002

Dr Edwin Poon	Department of Medicine Pamela Youde Nethersole Eastern Hospital	6-month training in Immunotherapy for Asthma and Allergy at Guy's Hospital in
	Tunion Toute Temoroso Zastern Troopran	United Kingdom
		Office Kingdom
Dr Kin-wang To	Department of Medicine	6-month training in Sleep Medicine at Royal
	Alice Ho Miu Ling Nethersole Hospital	Prince Alfred Hospital in Australia
Miss Mary Tsang	Department of Physiotherapy	2-week training in Acute Respiratory Medicine
	Queen Mary Hospital	and Surgical Intensive Care Unit in USA
Dr Julie Wang	Department of Medicine	12-month training in Epidemiology and
	Queen Mary Hospital	Bostatistics (MSc thesis Programme) in Canada

FOUNDATION ACCOLADES

Year 2002 - 2003

Dr Yan-fat Chan	Department of Medicine Pamela Youde Nethersole Eastern Hospital	6-month training in Sleep Medicine at Mount Zion Medical Centre, University of California in USA
Dr Chi-leung Lam	Department of Medicine Queen Mary Hospital	12-month as Oncology Research Fellow at Nancy B and Jake L Hamon Center for Therapeutic Oncology Research, University of Texas in USA
Dr Kam-shing Tang	Department of Medicine Tuen Mun Hospital	6-month training in Intensive Care Medicine at Royal Prince Alfred Hospital in Australia

Year 2004 - 2005

Dr Joan Fok	Department of Medicine and Therapeutics	3-month training in Interventional &
	Prince of Wales Hospital	Diagnostic Bronchoscopic Procedure at
		Hokkaido University in Japan

Year 2005 - 2006

Dr Jamie Lam	Department of Medicine Queen Mary Hospital	6-month training in Interventional Animal Study in Sleep at Westmead Hospital in Australia
Dr Yi-tat Lo	Department of Medicine Alice Ho Miu Ling Nethersole Hospital	3-month study in Interventional & Diagnostic Bronchoscopic Procedure at Hokkaido University in Japan

Hong Kong Lung Foundation Research Grant

The nurturing of advancements in the practice of pulmonary diseases in Hong Kong is a major aim of the Hong Kong Lung Foundation since it was founded in 1996. From January 2001 onwards, the foundation has been awarding research grants annually to fund local research projects of clinical and academic significance. The grant aims at enhancing the research culture and standards of local clinicians and health-care professionals in the field of respiratory medicine and related disciplines in Hong Kong.

Interested applicants should refer to the Hong Kong Lung Foundation Research grant regulations, which must be strictly adhered to. Completed application forms and other required documents must be returned to the Honorary Secretary of the Hong Kong Lung Foundation by 30 November of each year. E-mail submission is also acceptable.

Application procedures and application form of this Research Grant can be downloaded from the Hong Kong Lung Foundation Website at http://www.hklf.org/HKLF/research_grants_0304_e.htm

Contact details of our current Honorary Secretary (2005 to 2007) is as follows:

Dr Kin-sang Chan

Address: Pulmonary & Palliative Care Unit, Haven of Hope Hospital, Tseung Kwan O, Hong Kong

Fax: 2703 8799

E-mail: chanks@ha.org.hk

Awardee Record

Year 2001 - 2002

- Dr Bing Lam, Queen Mary Hospital Factors predisposing patients with COPD to inflection by fluoroquinolone-resistant Streptococcus pneummoniae.
- Dr Thomas Mok, Kowloon Hospital Effects of long term oxygen therapy on survival and evaluation of predictors for the latter for patients suffering from obstructive pulmonary disease in Hong Kong.
- Dr Wai-cho Yu, Princess Margaret Hospital Genetic and dietary factors in the pathogenesis of chronic obstructive lung disease.
- Dr Kwok-keung Ng, Kwong Wah Hospital Prospective cohort study of 24-hr ambulatory blood pressure measurement in snoring children.







Dr Thomas Mok



Dr Wai-cho Yu



Dr Kwok-keung Ng

FOUNDATION ACCOLADES

Year 2002 - 2003

• Dr Fanny Ko, Prince of Wales Hospital

Prevalence of respiratory symptoms, common respiratory diseases, atopy and bronchial hyperresponsiveness in elderly Chinese living in Hong Kong.

- Dr Sheng-sheng Ho, Alice Ho Miu Ling Nethersole Hospital
 A prospective study of the epidemiology and the efficacy of initial empirical antibiotic treatment of community-acquired pneumonia in Hong Kong.
- Dr Clara Ooi, Queen Mary Hospital

 Bronchial wall thickening in bronchiectasis: utility of qualitative CT in clinico-functional correlation.
- Dr James Ho, Queen Mary Hospital
 A study of the role of antioxidants and oxidative load in obstructive sleep apnoea.
- Dr Ting-fan Leung, Prince of Wales Hospital
 The clinical utility of exhaled nitric oxide in diagnosing asthma in children.



Dr Ting-fan Leung

Year 2003 - 2004

- Professor Moira Chan-Yeung, The University of Hong Kong
 Risk factors for Chronic Obstructive Pulmonary Disease (COPD) in Hong Kong, its early detection and
 prevention.
- Dr Clara Ooi, Queen Mary Hospital
 Comparative analysis of radiographic features between patients with Severe Acute Respiratory Syndrome (SARS) and those with Non- SARS pneumonia.

Year 2004 - 2005

- Dr P. L. Ho, Queen Mary Hospital
 - Development and validation of a simple test for identification of MexAB-OprM efflux over-expression in pseudomonas aeruginosa.
- Dr Poon-chuen Wong, Grantham Hospital
 Evaluation of the implementation of the Hong Kong Thoracic Society version of the Global Initiative for
 Chronic Obstructive Lung Disease (GOLD) guidelines for the management of chronic obstructive pulmonary
 disease in Hong Kong.
- Professor Moira Chan-Yeung, The University of Hong Kong
 Risk factors for chronic obstructive pulmonary disease in Hong Kong, its early detection and prevention.
- Dr James Ho, Queen Mary Hospital
 Oxidative stress and acute exacerbation of asthma.
- Dr Fanny Ko, Prince of Wales Hospital
 Prevalence of asthma and chronic obstructive pulmonary disease in elderly Chinese living in Hong Kong: a community-based study with lung function assessment.

Year 2005 - 2006

- Dr J. Mak, Queen Mary Hospital
 An experimental model for studying passive cigarette smoking: effects on the pathogenesis of smoke-associated lung disease.
- Professor Moira Chan-Yeung, The University of Hong Kong Study of clinical features, natural history and outcome of human avian influenza (H5N1) infection in an epidemic.
- Dr Fanny Ko, Prince of Wales Hospital
 To study the effect of early pulmonary rehabilitation on exacerbations, hospitalization rates and quality of life in patients admitted to hospital with acute exacerbation of chronic obstructive pulmonary disease.

Hong Kong Lung Foundation Young Investigator Award

Awardee Record

Year 1997	Dr Dominic Choy, Prince of Wales Hospital
Year 1998	Dr Dominic Choy, Prince of Wales Hospital
Year 1999	Dr Sing-tao Li, Prince of Wales Hospital
Year 2000	Dr James Ho, Queen Mary Hospital
Year 2001	Dr Bing Lam, Queen Mary Hospital
Year 2002	Dr Chi-leung Lam, Queen Mary Hospital
Year 2003	Dr Karen Lee, Prince of Wales Hospital
	Dr Matthew Wong, Queen Mary Hospital

R TSE YUEN MAN MEMORIAL SCHOLARSHIP 2005

The Dr Tse Yuen Man Memorial Scholarship was set up by the Hong Kong Lung Foundation in 2004 to commemorate the heroic acts of the late Dr Tse Yuen Man, a former trainee in Respiratory Medicine, who offered her life in 2003 to save patients suffering from the severe acute respiratory syndrome (SARS). The scholarship is awarded to a higher form student of the Tung Wah Group of Hospitals Mrs. Wu York Yu Memorial College, the Alma Mater of Dr Tse. The award is offered annually to the winner of an essay competition on respiratory disease, who is selected by a panel consisting of Council Members of the Hong Kong Lung Foundation.

Awardee Record

Miss Rebecca Woo was awarded the scholarship for the year 2004 with her essay "Air Pollution and Lung Health".



Dr Hok-sum Chan presenting the award to Miss Rebecca Woo

Miss Man-shan Wong was awarded the scholarship for the year 2005 with her essay "Smoking and Lung Health".



Dr Cheuk-yin Tam presenting the award to Miss Man-Shan Wong



ANNIVERSARIES

SECRETARIAT

CMPMedica Pacific Limited Unit 901 – 903, AXA Centre 151 Gloucester Road, Hong Kong

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